## 7 Principles of Effective Instruction

### Principle One: Start where your students are.
*Use the social and cultural capital students bring with them to the classroom to help them acquire the intellectual capital of the classroom.*

### Principle Two: Know where your students are going:
*Define a vision for what students will look like at the end of their time with you and clearly communicate this to students.*

### Principle Three: Expect to get your students to their goal:
*Expectations are not based on who the students are; they are based on who the students will be by the time you are finished with them.*

### Principle Four: Support your students along the way:
*Use scaffolding to demystify the academic process.*

### Principle Five: Use feedback to help you and your students get better.
*Use assessments as feedback to help your students adjust performance so that they can make better progress towards their goal.*

### Principle Six: Focus on quality rather than quantity.

### Principle Seven: Never work harder than your students.
*Understand and effectively distribute your work and the students’ work.*

If you’d like to learn how to teach better with less stress by putting these principles into practice, check out our book *Never Work Harder Than Your Students* at [www.mindstepsinc.com/masterteacher](http://www.mindstepsinc.com/masterteacher)